



## CONSUMER RESOURCE GUIDE

### Important Toll-Free Telephone Numbers and Website Addresses

#### **DO NOT CALL/SOLICIT - To remove your name from telemarketing mailing lists:**

- For pre-approved credit card applications: Call 1-888-5-OPT-OUT (1-888-567-8688)
- For telemarketing calls: Call 1-888-382-1222 or visit [www.donotcall.gov](http://www.donotcall.gov)
- For national advertising mailing & telemarketing lists, visit : [www.dmaconsumers.org](http://www.dmaconsumers.org)

#### **CONSUMER ASSISTANCE/COMPLAINTS**

- Better Business Bureau of Southern Piedmont: Call toll-free in NC and SC - 1-877-317-7236 or in Charlotte, call 704 927-8611 or visit [www.bbb.org](http://www.bbb.org)
- Federal Trade Commission: Call 1-877-382-4357 or visit [www.ftc.gov](http://www.ftc.gov)
- Legal Aid of North Carolina: Call 1-800-672-9304 or visit [www.legallaidnc.org](http://www.legallaidnc.org)
- Mecklenburg County Consumer Fraud Task Force: Call 704-927-8669 for Pre-Recorded Scam Alerts or visit [www.ConsumerTaskForce.org](http://www.ConsumerTaskForce.org)
- North Carolina Consumer Protection Office: Call 1-877-566-7226 or visit [www.ncdoj.com](http://www.ncdoj.com)
- North Carolina Department of Insurance: Call 1-800-546-5664 or visit [www.ncdoi.com](http://www.ncdoi.com)
- North Carolina Secretary of State's Office: Call 1-800-688-4507 or visit [www.sosnc.gov](http://www.sosnc.gov)
- North Carolina Utilities Commission/Transportation Rates Division: Call 1-919-733-7766 or visit [www.pubstaff.commerce.state.nc.us](http://www.pubstaff.commerce.state.nc.us)
- U.S. Consumer Product Safety Commission: Call 1-800-638-2772 or visit: [www.cpsc.gov](http://www.cpsc.gov)

#### **MEDICARE/SOCIAL SECURITY INFORMATION**

- Medicare: Call 1-800-633-4227 or visit [www.medicare.gov](http://www.medicare.gov)
- Social Security Administration: Call 1-800-772-1213 or visit [www.ssa.gov](http://www.ssa.gov)

#### **DEBT MANAGEMENT/CREDIT ISSUES**

- North Carolina Bankruptcy Court: Call 1-888-513-9765

**To get a copy of your credit report or to dispute information on your credit report, call or visit each of the three credit reporting bureaus:**

- Annual Credit Report: Free credit reports from the national credit reporting companies, call 1-877-322-8228 or visit [www.annualcreditreport.com](http://www.annualcreditreport.com)
- Equifax: Call 1-800-685-1111 or visit [www.equifax.com](http://www.equifax.com)
- Experian: Call 1-888-397-3742 or visit [www.experian.com](http://www.experian.com)
- Transunion: Call 1-800-916-8800 or visit [www.transunion.com](http://www.transunion.com)

**NON-PROFITS/CHARITIES – Before you give to a non-profit or charity, be sure to check the charity out with:**

- Better Business Bureau of Southern Piedmont: Call toll-free in NC and SC - 1-877-317-7236 or in Charlotte, call 704 927-8611 or visit [www.bbb.org](http://www.bbb.org)